

CARPE DIEM

There is nothing here but love.





Sonya Enokaeva is a Moscow-based artist whose practice grows through continuous learning and attentive observation of the world around her.

She studies with practicing artists and continues her education through books and the work of artists who came before her. She is not afraid to experiment or make mistakes. She trusts her practice and feels a powerful energy moving through her into the work.

She is drawn to the idea that a painting or drawing can be like a battery: the artist charges it with something of themselves, and the work then passes that charge on to the viewer.

Sonya looks at the world not only with her eyes, but with her heart. She loves it enough to find something worth noticing even in things that are not conventionally beautiful.

01	WORKS	
00	Duck Stories	2026 4 works
01	Cats	2026 2 works
02	Creative Route	2026 6 works
03	White on Black	2026 4 works
04	Black on White	2026 5 works
05	Paradoxical City	2026 6 works
06	Supermetal	2026 3 works

00

Duck Stories

Spanish slugs once appeared in my parents' garden. They tried to get rid of them for years without much success, and eventually decided on a more radical solution: a flock of Indian Runner ducks, a breed known for its distinctive upright posture. The ducks are incredibly funny. They live closely together, do everything as a group, and when startled, they run off without paying much attention to where they are going. They are, however, very good at dealing with slugs.



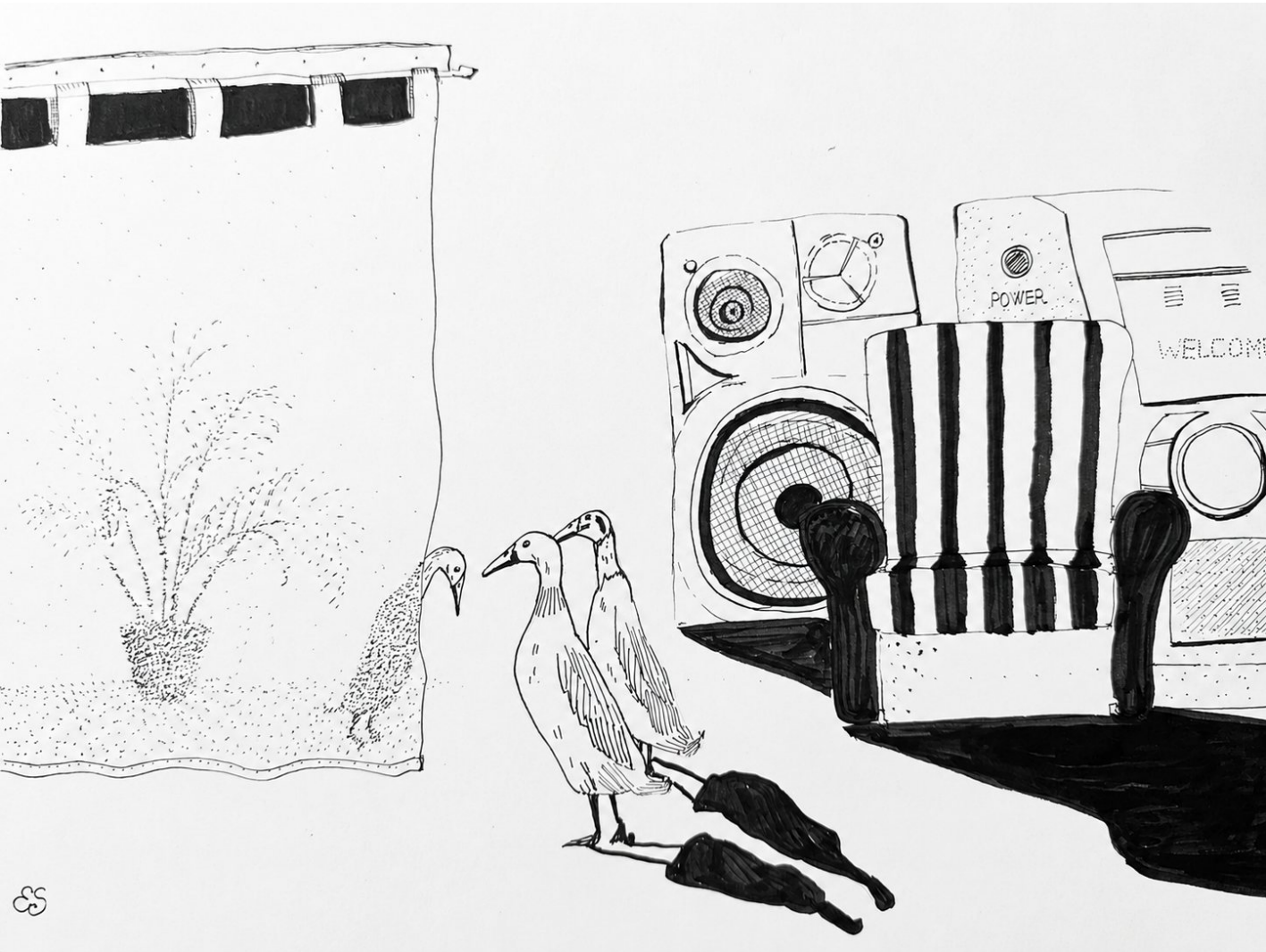
Untitled

2026 · ink, fineliner · A3



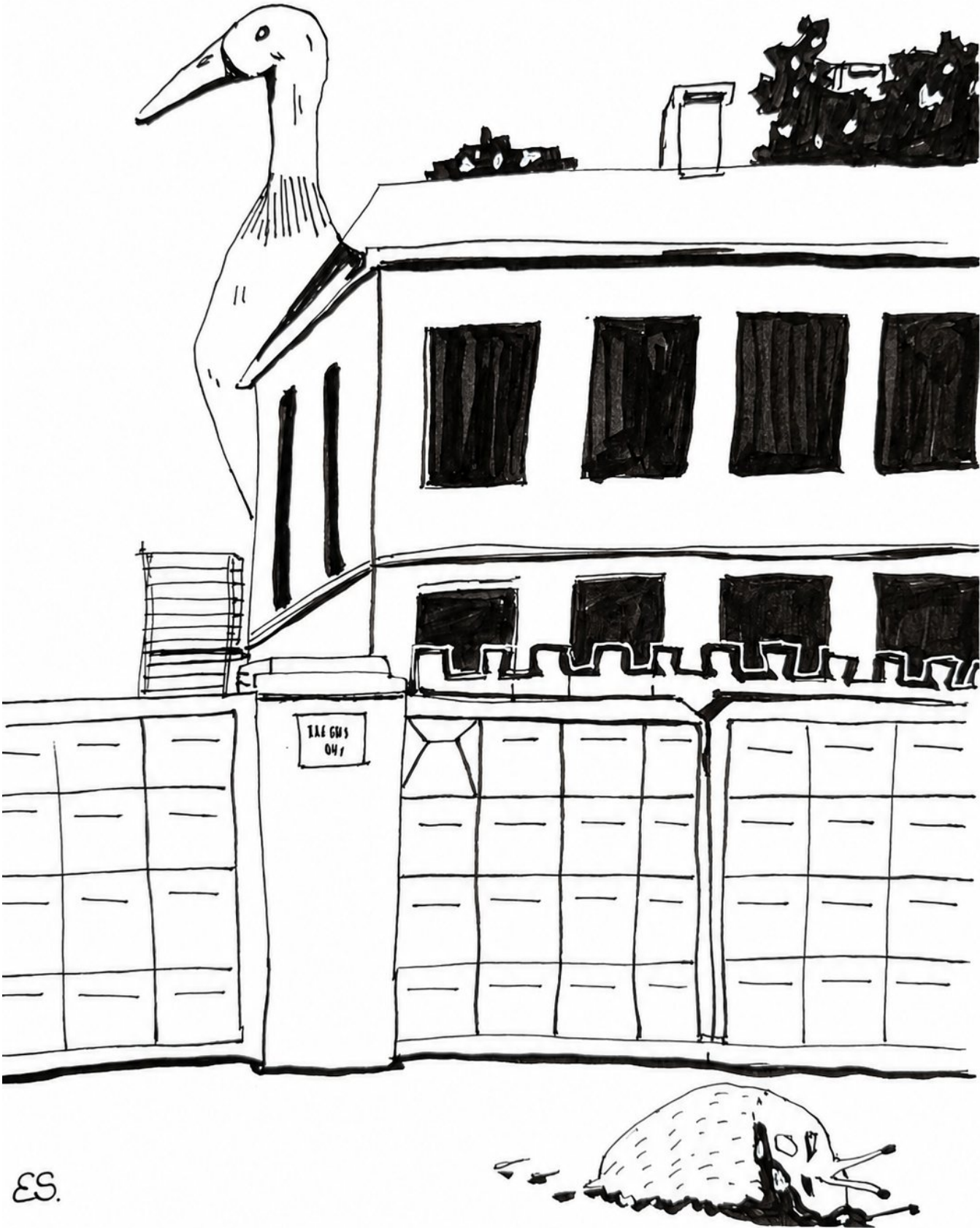
Untitled

2026 · ink, fineliner · A3



Untitled

2026 · ink, fineliner · A4



Untitled

2026 · ink, pencil · A4



01

Cats

The Cats series grew out of an experiment with ink. When applied to wet paper, ink spreads unpredictably and becomes difficult to control. What was supposed to become a herd of piebald horses first turned into a cheetah, Cat, and the next attempt became an entire Handful of Cats. I still haven't given up on making a painting with horses, so the cat series will most likely continue to grow.



Handful of Cats

2026 · ink, pencil · A2



Cat

2026 · ink, pencil · A2



Creative Route

The works in the Creative Route series were created specifically for an exhibition of the same name in Moscow. I really enjoyed working with stencils and treating the buildings almost like portraits. At the same time, small signs of life begin to appear in their windows. The series won the Creative Route competition.



Tea House on Myasnitskaya Street

2026 · stencil print, pencil, fineliner · A3



Stakheev House

2026 · stencil print, pencil, fineliner · A3



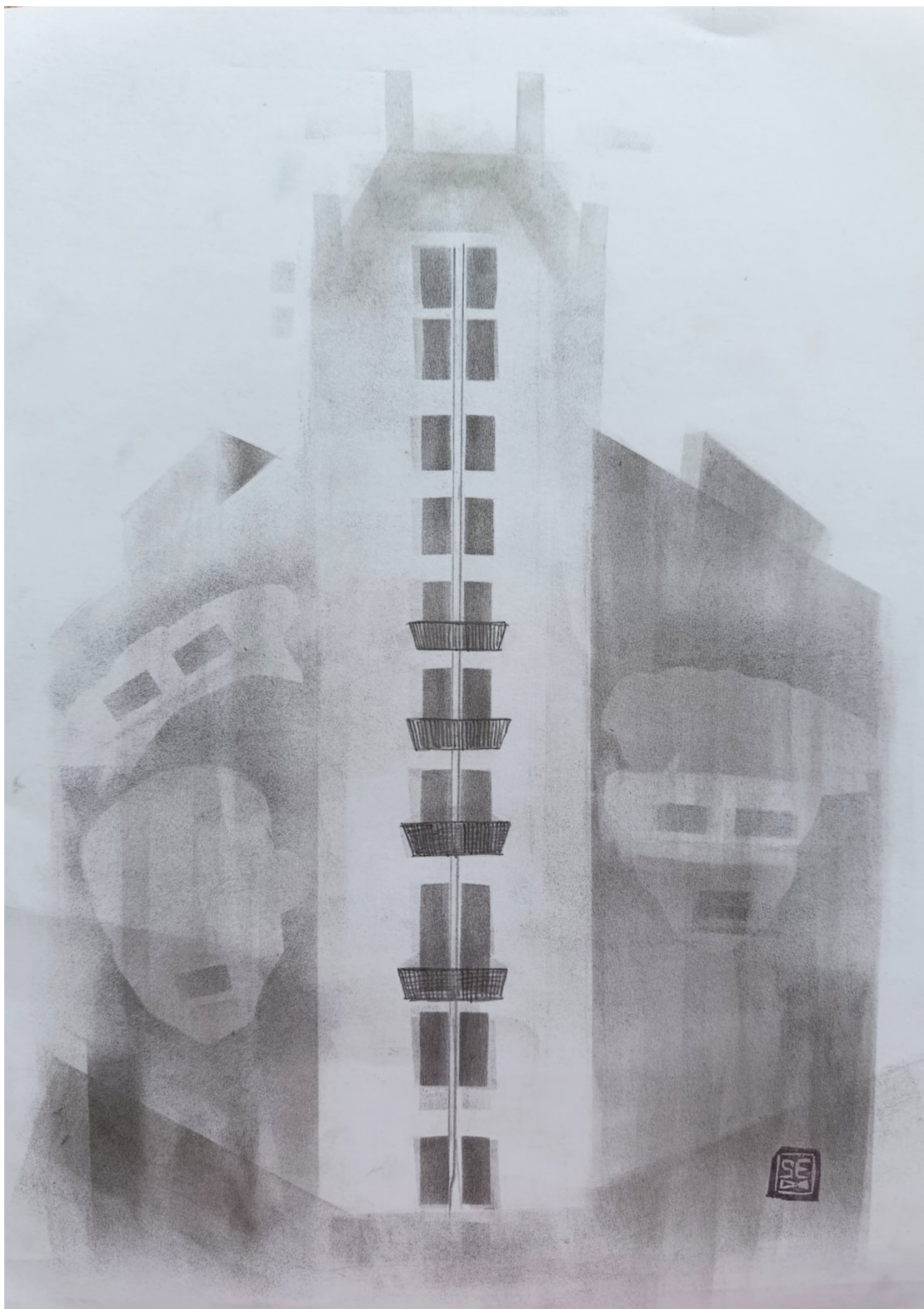
Mosselprom House

2026 · stencil print, pencil, fineliner · A3



Lenin State Library

2026 · stencil print, pencil, fineliner · A3



ZIL Palace of Culture

2026 · stencil print, pencil, fineliner · A3



House with Mercuries

2026 · stencil print, pencil, fineliner · A3



03

White on Black

The White on Black series began after a series of plein-air sessions with Dima Gorelyshev. I enjoyed this way of drawing so much that for several days afterwards I worked almost exclusively in this technique. Here I present the works I consider the most successful results of that experiment.



Timiryazev Biological Museum

2026 · toned paper, white pencil, chalk · A3



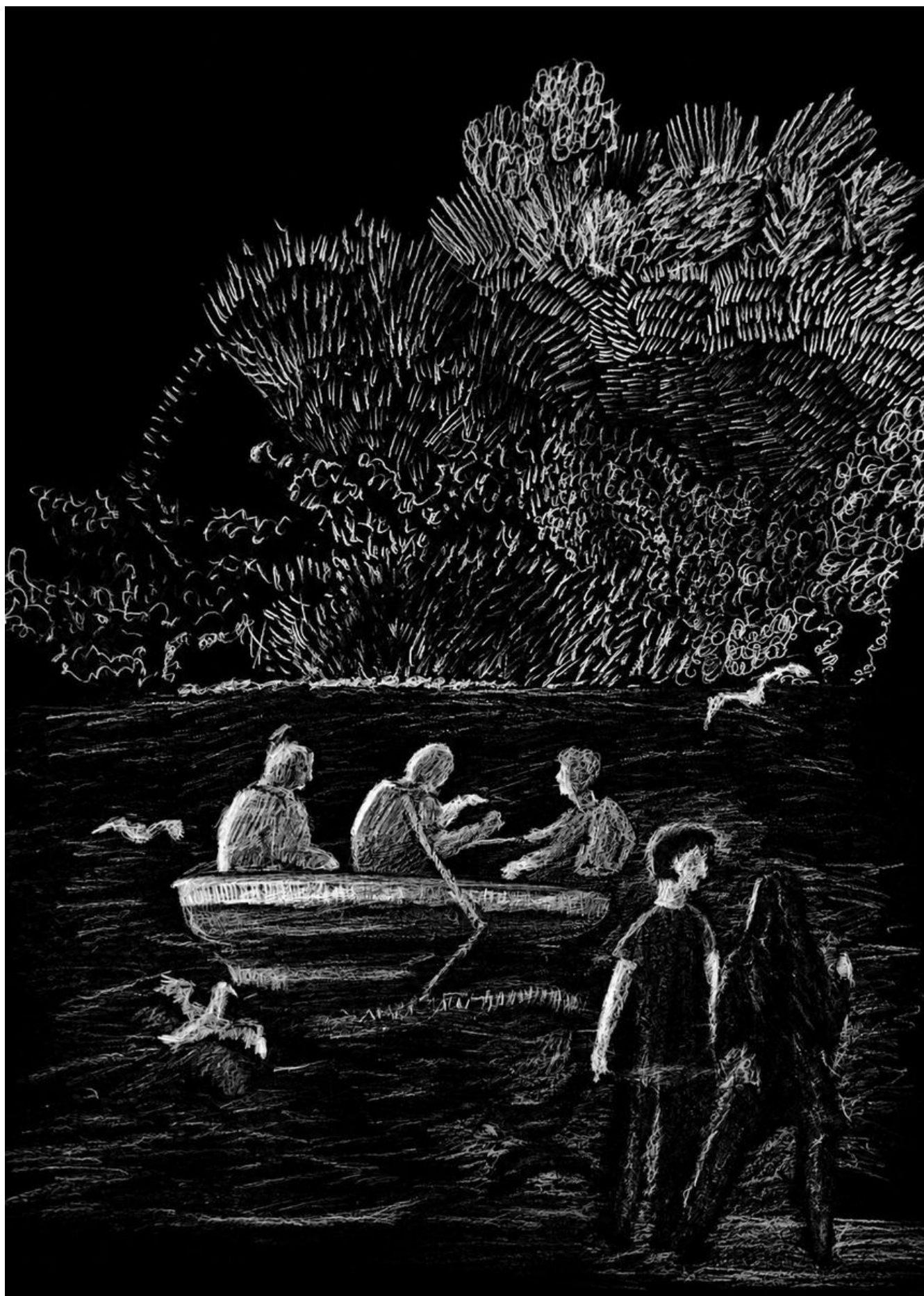
Timiryazev Biological Museum. Storage

2026 · toned paper, white pencil, chalk · A3



Friendship Park

2026 · toned paper, white pencil, chalk · A3



Observing Plants

2026 · toned paper, white pencil, chalk · A3



04

Black on White

After working on black paper, returning to white paper felt unexpectedly intense. I rediscovered the pleasure of the contrast between black ink and a white sheet. I am particularly drawn to trees that resemble contour maps. Some of the works in this series were created in Dima Gorelyshev's graphic workshop, as part of an exercise in constructing a landscape from different collected artefacts and treasures.



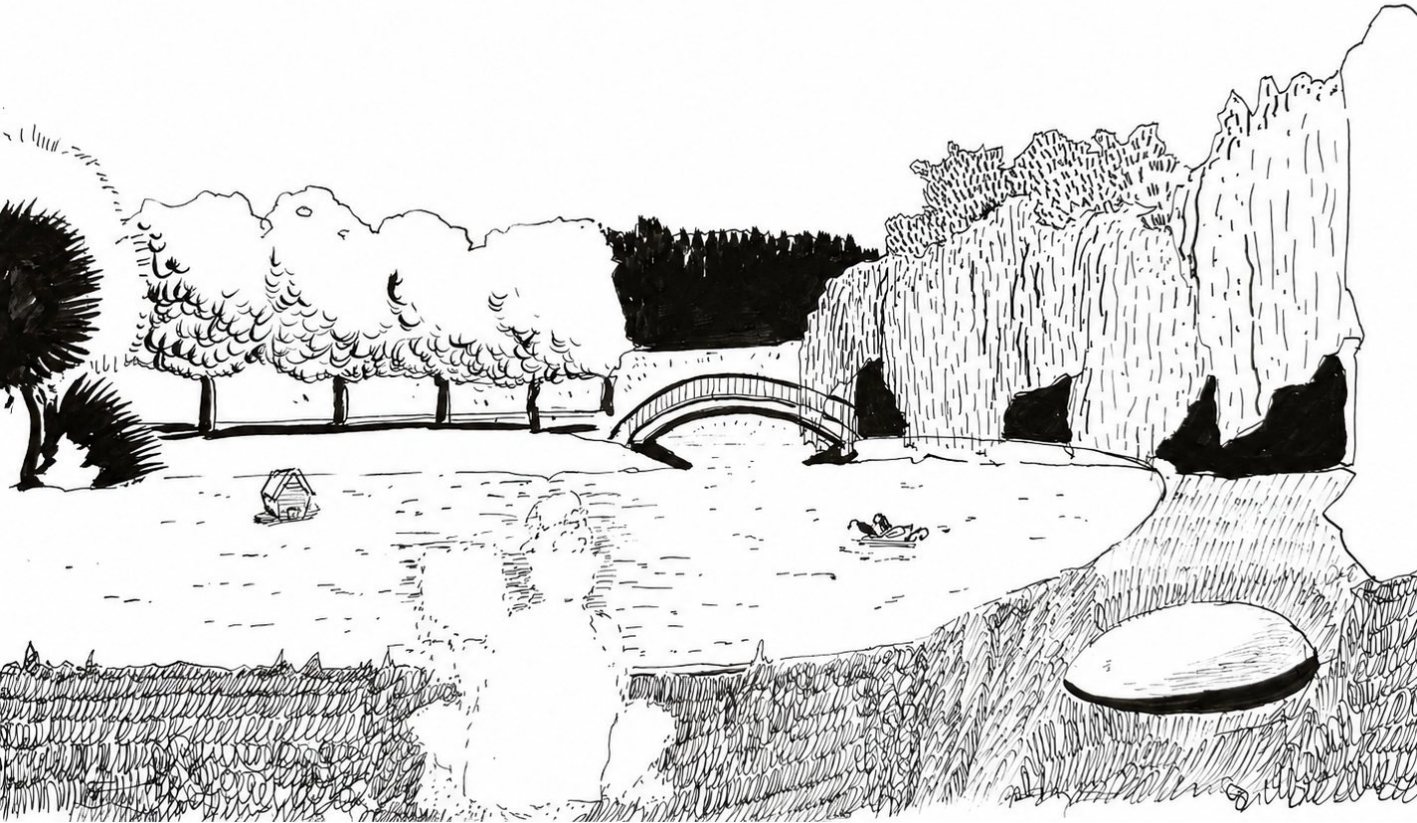
Church in Tarakanovo

2026 · ink, fineliner · A3



Friendship Park

2026 · ink, fineliner · A3



Untitled

2026 · ink, fineliner · A3



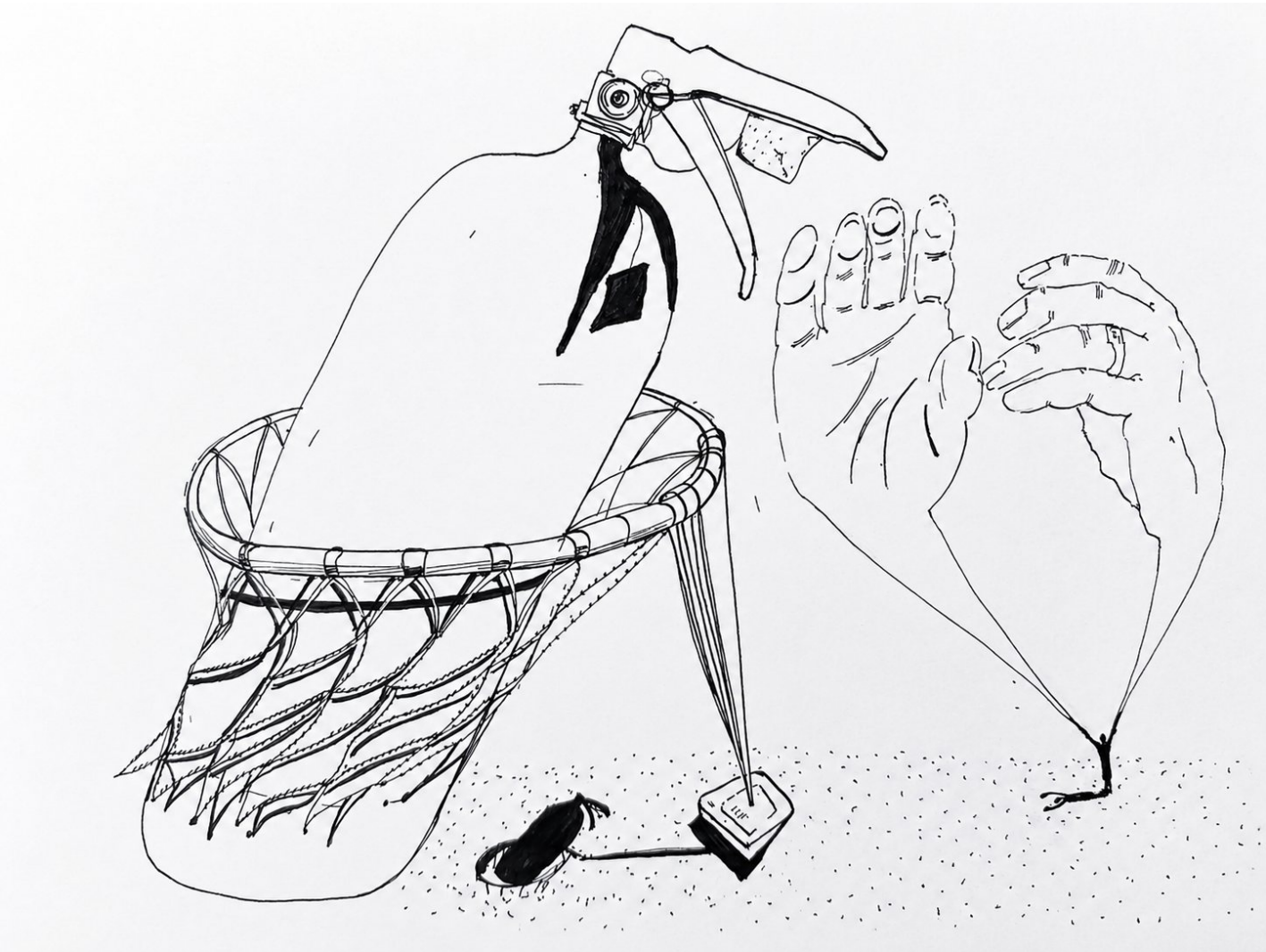
Shakhmatovo

2026 · ink, fineliner · A3



Untitled

2026 · ink, fineliner · A3



05

Paradoxical City

Paradoxical City is a series made on paper tinted with gouache. In this city, something is always slightly wrong, although it is not always noticeable at first glance.



Coffee Van by the Pravda Publishing House

2026 · mixed media · A3



Around Myasnitskaya Street

2026 · mixed media · A3



Levoberezhny Beach, Moscow

2026 · mixed media · A3



Portal by Dinamo Metro Station

2026 · mixed media · A3



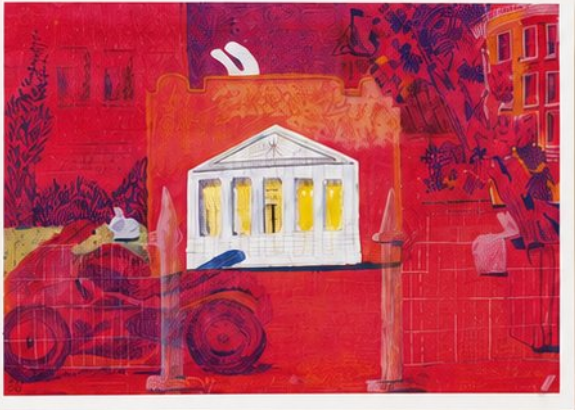
Winzavod

2026 · mixed media · A3



Paradoxical City

2026 · mixed media · A3



06

Supermetal

This series emerged from a plein-air session with Alyosha Geld at the Supermetal space. Here, I think, I used coloured paper as an independent material for the first time, experimenting with composition and colour and taking enormous pleasure in the process itself.



Untitled

2026 · collage, acrylic marker, pencil, fineliner · A5



Untitled

2026 · collage, acrylic marker, pencil, fineliner · A4



Untitled

2026 · collage, acrylic marker, pencil, fineliner · A4



03 CV

2026 REACTOR — contemporary art laboratory, Kazan

2026 Creative Route — group exhibition, Moscow

2026 Graphic art workshop with Dima Gorelyshev, Moscow

2026 Studio classes with Lusine Sapondzhyan, Moscow

2025-2026 Studio classes with Olesya Fedorenko, Saint Petersburg

Exhibitions, projects, collaborations and artwork enquiries.

enokaeva.sofia@gmail.com

Telegram: t.me/sonnya_ee

Website: sonyae.art